## OAC Youth State Tackle Football

## Rules Section 1: Age \& Eligibility

A. Any student in grade $6^{\text {th }}$ or under who attend an Ohio School (Home school students eligible)

There are 3 age divisions.
-12 U (No player is eligible for 12 u division if they turn 13 years old prior to August 1,2023. No
7th Graders Eligible.)
-11 U (No player is eligible for 11u division if they turn 12 years old prior to August 1, 2023)
-10U (No player is eligible for 10u division if they turn 11 years old prior to August 1, 2023)
B. Teams are placed in Divisions based on high school feeder enrollments. All teams entered in a division are listed in order of lowest high school boys enrollment to highest high school boys enrollment. Teams are then split into divisions. The Tournament Director has the right to combine divisions.
C. This is a community team event. No All-Star Teams. Teams must meet the following criteria

1) Teams must be part of a league and in good standing.
2) Players must have played together all season and players from the same community or Players are from the same feeder school, but were split during the regular season due to the number of teams
3) No traveling teams

## Section 2: Waiver / Release/ Roster

A. Head Coach/Team Admin must submit a team roster/waiver form for the State Championships by specified deadline.
B. All Head Coaches must have birth certificates and school grade card in their possession at all times for every athlete.

## Section 3: Coaches Responsibility and Conduct

A. Each team may have 1 Head Coach and up to 4 non-player personnel admitted free of charge. Only Head Coach and 4 non-player personnel may be on the sideline or bench area; coaching must be done from the sideline. All others must be in the seating area
B. Coaches must review each player's physical card and be aware of any medical conditions a player may have.
C. All head coaches are responsible for the conduct and safety of their assistant coaches, fans and athletes at all times. Any repeated violations may be cause for individual and/or team expulsion from the tournament.
D. Each team is required to supply chain crew workers for each of their games. Home team supplies 3 members for the 1 st half and visitors supplies 3 crew members for the 2 nd half. Crew must stay on sideline opposite of team benches.
In overtime, the team with the ball will supply crew members. Home Team will be the team on the bottom of the bracket.
E. All players, sideline personnel, coaches, stat keepers and water boys must remain in the bench area when not actively engaged on the field of play.
F. The use of drones/electronic communication devices during the game to identify, communicate or relay information is illegal.

## Section 4: Weight Limitations

A. Weigh-Ins will take place Friday night as a team or individual. No individual will be accepted if they weigh less than 70 lbs ( 6 th Grade) 65 lbs (11U) 55 lbs ( 10 U ); unless they have a completed physician's form. It is the responsibility of the head coach to get the approval and physician's physical.
B. The weight of a player advancing the ball may not exceed 130lbs (6th Grade), 125lbs (11U), 115lbs (10U) as determined by the official weigh-in. Players will weigh in wearing their Jersey and football pants (no helmets or pads)
C. All players that are over the weight limit must have a tape stripe provided by the tournament staff on the back of their helmet to signify they may not advance the ball. Players exceeding the weight limit must immediately ground the ball upon interception/fumble recovery.
D. Players that exceed weight limits must play on the offensive interior line or defensive lines. All interior linemen, defensive and offensive, must execute a 3-4-point stance prior to the snap of the ball. Tight Ends must be under the weight limit.
E. There is no weight limitation for interior linemen, defensive ends offensive centers guards or tackles. Offensive guards regardless of weight can pull. No weight limit for athletes playing on the line with their hand in the dirt. Interior lineman is defined as any player on the line from offensive tackle to offensive tackle on either side of the ball. Exception if your defensive end weighs more than weight limit then he must be in a 3 or 4 pt stance.
F. Weigh-in information times and location will be emailed to each team.

## Section 5: Games

A. All games will consist of 4 quarters; each 8 minutes in length. 8 minutes will be allowed between halves. ( 30 -second play clock between downs)
B. All teams will report to the playing field in time to warm up and be ready to play at their designated times. All games begin with a coaches/official meeting prior to each game for rules discussion.
C. Teams must field 11 players for a game to be played. If a team cannot field 11 players the game will be declared a forfeit.
D. At the start of the game, halves, and after touchdowns the offense will take possession on their own 35-yard line.There are no kick-offs.
E. Unsportsmanlike penalties and personal fouls will be 15 -yard penalties. When inside the 15 -yard line penalties will be assessed as half the distance to the goal line when necessary.

## F. Game Balls

12u: Wilson TDY, Baden J5Y, MacGregor MXY or equivalent size
11U: Wilson TDY Baden J5Y, MacGregor MXY or equivalent size
10U: Wilson K-2 Baden, MacGregor or equivalent size
Game ball must be exchanged during pre-game huddle with opposing team. Balls to be free of any tacky substances
G. 2 timeouts per half; 1 time out during over-time.

There will be a continuous clock when a team is up by 18 points or more. If the point differential falls below 18 points, there will not be a continuous clock. During continuous clock, the clock will only stop during Timeouts, Injuries, change of possession and Points scored. An official has the right to refuse a team a time-out if the official feels they are attempting to run up the score.
H. Home team is the team that appears on the bottom of the bracket

Team A (visitor)
Team B (home)

## Section: 6 Spectators and Unauthorized Coaches

A. A spectator will be defined as any person not being a coach, official or chain worker.
B. Spectators are strictly forbidden to coach during practice or game and are to be in the seating area not the bench or sideline.
C. Team coaches will be officially recognized as those individuals whose names are inscribed on the official team roster.

## Section 7: Scoring

A. A touchdown will score 6 points
B. After touchdown extra point(s); 1 point for a run, 2 points for a pass.
C. A safety will score 2 points after which the team scoring will put the ball in play at the 35 -yard line.

## Section 8: Quarterback Sneak and Blitzing

A. The quarterback sneak is allowed
B. Blitzing is permitted by linebackers. A maximum of two linebackers may blitz at any time.

Linebacker blitzes must occur inside the defensive ends. NO linebacker may blitz off the edge (outside the offensive tackles/tight ends), and must be within 4 yards of line of scrimmage and no closer than 1 yard. Defensive ends may be standing or in a three/four-point stance, but they must declare themselves by alignment which is to be on the line of scrimmage and not to exceed a yard outside the last offensive lineman (" 9 technique"). The establishment of defensive ends is in order to determine the width of the "blitzing box" for linebackers. (5-yard Penalty for infraction)
C."A" GAP - No player on the Defensive Team shall blitz, stunt, twist, etc. through the "A" gap (center-guard gap). Players may line up in the "A" gap but must be in a 3 or 4-point stance.
D. There is no corner blitzing

## Section 9: Defensive Formations to be used

A. All defenses are allowed to be used. A maximum of 6 players on the line of scrimmage.

## Section 10: Offensive Play

A. There shall be no more than 2 ball exchanges per play. Any violation of this rule will result in a 5 yard penalty. The center to quarterback is not considered an exchange.
B. Plays may be run out of legal offensive formation and may run the option. Unbalanced lines are permitted.
C. There will be no physical punts. 30 yards will be walked off. If inside the 40 -yard line, it will be half the distance to the goal. Clocks stops once the punt is declared

## Section 11: Ties

A. There will be no tie games. In the event of a tie after regulation play the game will go into overtime as follows: After a 2-minute break, each team will be given a chance to score. A coin toss will determine who has the first possession of the ball on the 20-yard line. If a turnover occurs any time within the 4 downs, the other team will be given the ball at the same 20 -yard line and play will resume 1 st down from the 20 -yard line. If there is still a tie after each team has a possession, the ball will be placed on the 10 yard line.
B. All 2-point conversion attempts will be the same as regulation play. If the score remains tied there will be a 2 nd overtime. This will continue until there is a winner.
-In the event of identical records within a Round Robin bracket. For placement purposes, criteria will be given to the team who has given up the least amount of points. If teams have the same amount of points against, the 2nd criteria will be points scored.

## Round Robin Pool Bracket- Tie Criteria

1) Head to Head
2) Least amount points scored against
3) Most Points Scored
4) Tie

## Challenge of Eligibility:

When there is a challenge, the challenging party must submit a challenge fee of $\$ 100.00$ to the Tournament Director before any challenge is heard. If the challenge stands, the fee is returned. If the challenge fails, the fee is deposited in the OAC College Scholarship fund.

There will be no video review

## Inclement Weather Policy

Evacuation - If lightning is imminent or a thunderstorm is approaching, all personnel, athletes and spectators shall evacuate to available safe structures or shelter

## Thirty-Minute Rule

Competition or practice shall be suspended once lightning has been recognized or thunder is heard. It is required to wait at least 30 minutes after the last flash of lightning is witnessed or thunder is heard prior to resuming practice or competition. Given the average rates of thunderstorm travel, the storm should move 10-12 miles away from the area. This significantly reduces the risk of local lightning flashes. Any subsequent lightning or any subsequent lightning or thunder after the beginning of the 30-minute count shall reset the clock, and another count shall begin.

## Ohio's Return-to-Play and Lindsay Laws

The State of Ohio has enacted legislation designed to protect student athletes. These laws require parents of student-athletes to view short training videos, which can be found on the Ohio Department of Health website (odh.ohio.gov). The OAC believes strongly in the safety of all of its participants. Parents of our participants must complete these trainings prior to entering their child into any OAC event.

For more information https://www.odh.ohio.gov/

## Ohio Athletic Committee Sportsmanship Policy

In the effort to increase the quality of this Ohio Athletic Committee event, we would ask that you as a coach/parent/athlete please read and follow our expectations on Sportsmanship.

- I will show respect for self and others at all times.
- I will respect the officials. Have the willingness to accept and abide by the decisions
of the officials.
- I have a basic understanding, and appreciate the rules of the contest.
- I will maintain self-control at all times.
- I recognize and appreciate the skill in performance of all participants and tournament staff.

Any unsportsmanlike conduct by a player, coach or fan at an OAC event will result in removal from the entire event and up to a one-year ban from any Ohio Athletic Committee event. If the un-sportsman act is by a coach, parent, family member or anyone connected to a particular athlete the ban could also include the athlete. We will have a zero tolerance for unsportsmanlike behavior. We ask that you hold yourself to the highest standard of sportsmanship. Please set an example for the young athletes' you coach. Please do not put your participant at risk for disqualification due to your behavior.

## Refunds

All registrations and online sales are final. There are no refunds.

