

OAC 2024 Cheerleading State Championship Building Rubric

The following rubric is derived from OHSCCA Best in the State



	PYRAMID/TOSSES HS Max Points: 1-2 JH Max Points: 2-3	PYRAMID/TOSSES HS Max Points: 2-3 JH Max Points: 3-4	PYRAMID/TOSSES HS Max Points: 3-4 JH Max Points: 4-5	PYRAMID/TOSSES HS Max Points: 4-5 JH Max Points: 5
PYRAMID AND TOSSES JUNIOR HIGH (Pyramids only. Tosses are prohibited)	Pyramid includes one extended position. Pyramid includes one release transition.	Pyramid includes one single leg position. Pyramid includes one release transition that ends in extended skill.	Pyramid includes two single leg positions. Pyramid includes two release transitions that ends in extended single leg position.	Pyramid includes three single leg positions. Pyramid includes variety of top positions. Pyramid includes two release transitions- one inversion and one that ends in a single leg position. Routine includes at least one basket toss.
	PARTNER STUNTS HS Max Points: 1-2 JH Max Points: 2-3	PARTNER STUNTS HS Max Points: 2-3 JH Max Points: 3-4	PARTNER STUNTS HS Max Points: 3-4 JH Max Points: 4-5	PARTNER STUNTS HS Max Points: 4-5 JH Max Points: 5
PARTNER STUNTS	Intermediate level partner stunts. Prep level. Extended Stunts.	Extended single leg variation of stunts. Variety of extended stunts with single leg variations.	Variety of single leg variation stunts. Single based stunt co-ed. Twisting in and out of stunts.	Variety of extended single leg variations with transitions between stunts. Single based stunts- all girl. Twisting in and out of stunts.

Definitions:

Single Leg Position: Liberty/ Heel Stretch/ Arabesque

Twisting in and Out: 180 or 360 rotations

Release Transitions: Must be supported by arm connection



OAC 2024 Cheerleading State Championship

Jump Rubric

The following rubric is derived from OHSCCA Best in the State



Based on percentage of athletes performing and competing skills. JUMPS and TUMBLING can cross categories and will be rewarded in both areas of the score sheet.				
	JUMP Max Points: 1-2 NON-TUMBLE JUMP Max: 2-4 BUILDING: Full Team is 75%	JUMP Max Points: 2-3 NON-TUMBLE JUMP Max: 4-6 BUILDING: Full Team is 75%	JUMP Max Points: 3-4 NON-TUMBLE JUMP Max: 6-8 BUILDING: Full Team is 75%	JUMP Max Points: 4-5 NON-TUMBLE JUMP Max: 8-10 BUILDING: Full Team is 75%
JUMPS (High School and Junior High)	<p>One Jump:</p> <p>Must be a full team synchronized jump.</p>	<p>Two Jumps:</p> <p>One jump must be full team AND The other jump must be with full or partial team (50% or more).</p>	<p>Three Jumps:</p> <p>Two jumps must be full team AND The other jump must be with full or partial team (50% or more).</p>	<p>Four Jumps:</p> <p>Three jumps must be full team AND The other jump must be with full or partial team (50% or more).</p>

A variety of the jumps thrown must be included to increase point potential. Teams are encouraged to consider difficulty of the jump(s) selected and/or the connection/combination of jumps or connection of jumps with tumbling skills to increase point potential.

Each jump of a connected/combination jump will be counted individually; for example, a triple toe touch will count as 3 jumps.



OAC 2024 Cheerleading State Championship Tumbling Rubric

The following rubric is derived from OHSCCA Best in the State



STANDING TUMBLING

Based on percentage of athletes performing and competing skills.					
TEAM SKILL PERFORMED TOGETHER AT 75% OR MORE	75% and Above 2.5 POINTS	75% and Above 3 POINTS	75% and Above 3.5 POINTS	75% and Above 4 POINTS	75% and Above TEAM/SQUAD SKILL 4.5 POINTS
	75% and Below MAX POINTS: 1.5-2	75% and Below MAX POINTS: 2-2.5	75% and Below MAX POINTS: 2.5-3	75% and Below MAX POINTS: 2.5-3	75% and Below MAX POINTS: 3.5-4
CUMULATIVE INDIVIDUAL/DUO SKILLS	MAX POINTS Up to .15	MAX POINTS Up to .25	MAX POINTS Up to .35	MAX POINTS Up to .45	MAX POINTS Up to .5
EXAMPLE OF SKILLS	<ul style="list-style-type: none"> Forward Roll Cartwheel Front/Back Walkover 	<ul style="list-style-type: none"> Standing Handspring At least ONE jump to Handspring 	<ul style="list-style-type: none"> Cartwheel Tuck Aerial 	<ul style="list-style-type: none"> At least ONE (or more) Jump to Tuck Handspring to Tuck Standing Tuck 	<ul style="list-style-type: none"> At least double Jump Combination to Tuck At least ONE (or more) Jump/Handspring combination to Tuck/Full, Standing Full Cartwheel Full

*The higher number of athletes you have tumbling together at any given time in the routine is scored at the higher end of the rubric. OHSCCA supports the safety and well-being of the student athletes by rewarding team skills over one individual athlete or duo throwing excessive passes as a solo or pair.

*All Tumbling Values in the CUMULATIVE portion of the bracket will be added to the overall difficulty score based on full team skills.

*The tumbling rubric is not inclusive of all skills performed, but is to provide guidance for coaches, choreographers, and judges.

*Max score starts at the baseline.





OAC 2024 Cheerleading State Championship Tumbling Rubric

The following rubric is derived from OHSCCA Best in the State

RUNNING TUMBLING

Based on percentage of athletes performing and competing skills.					
TEAM SKILL PERFORMED TOGETHER AT 75% OR MORE	75% and Above 2.5 POINTS	75% and Above 3 POINTS	75% and Above 3.5 POINTS	75% and Above 4 POINTS	75% and Above TEAM/SQUAD SKILL 4.5 POINTS
	75% and Below MAX POINTS: 1.5-2	75% and Below MAX POINTS: 2-2.5	75% and Below MAX POINTS: 2.5-3	75% and Below MAX POINTS: 2.5-3	75% and Below MAX POINTS: 3.5-4
CUMULATIVE INDIVIDUAL/DUO SKILLS	MAX POINTS Up to .15	MAX POINTS Up to .25	MAX POINTS Up to .35	MAX POINTS Up to .45	MAX POINTS Up to .5
EXAMPLE OF SKILLS	<ul style="list-style-type: none"> • Roundoff • Front Handspring 	<ul style="list-style-type: none"> • Roundoff Handspring • Running Handspring Series 	<ul style="list-style-type: none"> • Punch Front • Roundoff Tuck • Running Handspring series with Tuck 	<ul style="list-style-type: none"> • Layout • Layout Step Out • Specialty pass with two or more no handed skills ending in a tuck or layout 	<ul style="list-style-type: none"> • Arabia, Full • Specialty pass with two or more no handed skills ending in a twisting skill

*The higher number of athletes you have tumbling together at any given time in the routine is scored at the higher end of the rubric. OHSCCA supports the safety and well-being of the student athletes by rewarding team skills over one individual athlete or duo throwing excessive passes as a solo or pair.

*All Tumbling Values in the CUMULATIVE portion of the bracket will be added to the overall difficulty score based on full team skills.

*The tumbling rubric is not inclusive of all skills performed, but is to provide guidance for coaches, choreographers, and judges.

*Max score starts at the baseline.

