



# OAC GIRLS STATE CHAMPIONSHIPS



The Girls OAC State Championships are at a very exciting time in their history. With participation growing and rapid development at the Grade School and Junior High level, wrestling in Ohio has never been more sustainable or entertaining. The Girls OAC State Championships for Grade School and Junior High runs alongside the boys Junior High State Tournament in the first weekend of OAC State Championships in March.

For now, girls must register for the OAC State Championships, there is no qualifying tournament.

For girls wrestling in the OH WAY State Tournament, their weigh-ins at OHWAY will be honored for the OAC State Championships.

<https://www.ohioathletics.com/girlsstate/>



# FRESHMAN STATE TOURNAMENT



OAC Freshman State Tournament is an opportunity for Ohio Freshman to compete amongst each other for a postseason tournament. This tournament is open to all freshmen in Ohio. All freshmen are eligible including freshmen who qualified and placed at the High School State Tournament. The weight classes are the same as the High School season with the addition of 98 pounds as the lightest weight class. Register for the OAC Freshman State Tournament at [register.ohioathletics.com](https://register.ohioathletics.com)

More info at <https://www.ohioathletics.com/freshmanstate/>