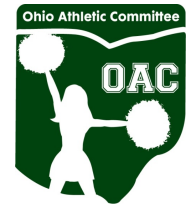


2022 OAC Cheerleading State Championship Building Rubric

The following rubric is derived from OHSCCA Best in the State



	PYRAMID/TOSSES HS Max Points: 1-2 JH Max Points: 2-3	PYRAMID/TOSSES HS Max Points: 2-3 JH Max Points: 3-4	PYRAMID/TOSSES HS Max Points: 3-4 JH Max Points: 4-5	PYRAMID/TOSSES HS Max Points: 4-5 JH Max Points: 5
PYRAMID AND TOSSES <i>JUNIOR HIGH</i> <i>(Pyramids only. Tosses are prohibited)</i>	<i>Pyramid includes one extended position.</i> <i>Pyramid includes one release transition.</i>	<i>Pyramid includes one single leg position.</i> <i>Pyramid includes one release transition that ends in extended skill.</i>	<i>Pyramid includes two single leg positions.</i> <i>Pyramid includes two release transitions that ends in extended single leg position.</i>	<i>Pyramid includes three single leg positions.</i> <i>Pyramid includes variety of top positions.</i> <i>Pyramid includes two release transitions- one inversion and one that ends in a single leg position.</i> <i>Routine includes at least one basket toss.</i>
	PARTNER STUNTS HS Max Points: 1-2 JH Max Points: 2-3	PARTNER STUNTS HS Max Points: 2-3 JH Max Points: 3-4	PARTNER STUNTS HS Max Points: 3-4 JH Max Points: 4-5	PARTNER STUNTS HS Max Points: 4-5 JH Max Points: 5
PARTNER STUNTS	<i>Intermediate level partner stunts.</i> <i>Prep level.</i> <i>Extended Stunts.</i>	<i>Extended single leg variation of stunts.</i> <i>Variety of extended stunts with single leg variations.</i>	<i>Variety of single leg variation stunts.</i> <i>Single based stunt co-ed.</i> <i>Twisting in and out of stunts.</i>	<i>Variety of extended single leg variations with transitions between stunts.</i> <i>Single based stunts- all girl.</i> <i>Twisting in and out of stunts.</i>

Definitions:

Single Leg Position: Liberty/ Heel Stretch/ Arabesque

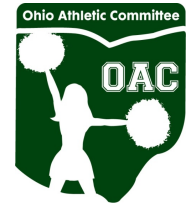
Twisting in and Out: 180 or 360 rotations

Release Transitions: Must be supported by arm connections



2022 OAC Cheerleading State Championship High School Tumbling Rubric

The following rubric is derived from OHSCCA Best in the State



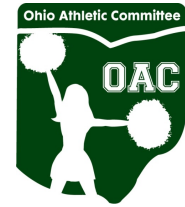
Based on percentage of athletes performing and competing skills.
JUMPS and TUMBLING can cross categories and will be rewarded in both areas of the score sheet.

	75% and Above STANDING Max Points: 1-2	75% and Above STANDING Max Points: 2-3	75% and Above STANDING Max Points: 3-4	75% and Above STANDING Max Points: 4-5
	Below 75% STANDING Max Points: 0-1	Below 75% STANDING Max Points: 1-2	Below 75% STANDING Max Points: 2-3	Below 75% STANDING Max Points: 3-4
STANDING TUMBLING	<p><i>Forward Roll</i> <i>Cartwheel</i> <i>Front/Back Walkover</i></p>	<p><i>Aerial</i> <i>Standing Back Handspring</i> <i>Jump to Back Handspring</i></p>	<p><i>Standing Back Tuck</i> <i>Jump to Back Tuck</i> <i>Back Handspring/ Cartwheel to Back Tuck</i></p>	<p><i>Jump Combination to Back Tuck</i> <i>Jump/Back Handspring combination to Back Tuck/Full</i> <i>Standing Full</i></p>
	75% and Above RUNNING Max Points: 1-2	75% and Above RUNNING Max Points: 2-3	75% and Above RUNNING Max Points: 3-4	75% and Above RUNNING Max Points: 4-5
	Below 75% RUNNING Max Points: 0-1	Below 75% RUNNING Max Points: 1-2	Below 75% RUNNING Max Points: 2-3	Below 75% RUNNING Max Points: 3-4
RUNNING TUMBLING	<p><i>Roundoff</i></p>	<p><i>Roundoff Back Handspring</i> <i>Running Back Handspring Series</i></p>	<p><i>Punch Front Tuck</i> <i>Roundoff Back Tuck</i> <i>Running Back Handspring Series with Back Tuck</i></p>	<p><i>Layout</i> <i>Arabian</i> <i>Full</i> <i>Specialty pass with two or more no handed skills.</i></p>



2022 OAC Cheerleading State Championship Junior High Tumbling Rubric

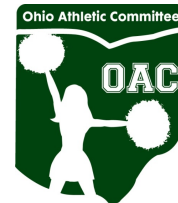
The following rubric is derived from OHSCCA Best in the State



Based on percentage of athletes performing and competing skills.
JUMPS and TUMBLING can cross categories and will be rewarded in both areas of the score sheet.

	50% and Above STANDING Max Points: 1-2	50% and Above STANDING Max Points: 2-3	50% and Above STANDING Max Points: 3-4	50% and Above STANDING Max Points: 4-5
	Below 50% STANDING Max Points: 0-1	Below 50% STANDING Max Points: 1-2	Below 50% STANDING Max Points: 2-3	Below 50% STANDING Max Points: 3-4
STANDING TUMBLING	<p><i>Forward Roll</i> <i>Cartwheel</i> <i>Front/Back Walkover</i></p>	<p><i>Aerial</i> <i>Standing Back Handspring</i> <i>Jump to Back Handspring</i></p>	<p><i>Standing Back Tuck</i> <i>Jump to Back Tuck</i> <i>Back Handspring/ Cartwheel to Back Tuck</i></p>	<p><i>Jump Combination to Back Tuck</i> <i>Jump/Back Handspring combination to Back Tuck/Full</i> <i>Standing Full</i></p>
	50% and Above RUNNING Max Points: 1-2	50% and Above RUNNING Max Points: 2-3	50% and Above RUNNING Max Points: 3-4	50% and Above RUNNING Max Points: 4-5
	Below 50% RUNNING Max Points: 0-1	Below 50% RUNNING Max Points: 1-2	Below 50% RUNNING Max Points: 2-3	Below 50% RUNNING Max Points: 3-4
RUNNING TUMBLING	<p><i>Roundoff</i></p>	<p><i>Roundoff Back Handspring</i> <i>Running Back Handspring Series</i></p>	<p><i>Punch Front Tuck</i> <i>Roundoff Back Tuck</i> <i>Running Back Handspring Series with Back Tuck</i></p>	<p><i>Layout</i> <i>Arabian</i> <i>Full</i> <i>Specialty pass with two or more no handed skills.</i></p>





2022 OAC Cheerleading State Championship Jump Rubric

The following rubric is derived from OHSCCA Best in the State

**Based on percentage of athletes performing and competing skills.
JUMPS and TUMBLING can cross categories and will be rewarded in both areas of the score sheet.**

	JUMPS Max Points: 1-2	JUMPS Max Points: 2-3	JUMPS Max Points: 3-4	JUMPS Max Points: 4-5
JUMPS <i>(High School and Junior High)</i>	<i>One full team synchronized jump.</i>	<i>Two jumps; Must include variety. One must be a full team synchronized jump.</i>	<i>One full team synchronized jump PLUS One combination of two or more connected jumps. Must include variety.</i>	<i>One full team synchronized jump PLUS One combination of two or more connected jumps PLUS One additional jump full or partial team. Must include variety.</i>

**Based on percentage of athletes performing and competing skills.
JUMPS and TUMBLING can cross categories and will be rewarded in both areas of the score sheet.**

	JUMPS Max Points: 1-2	JUMPS Max Points: 2-3	JUMPS Max Points: 3-4	JUMPS Max Points: 4-5
BUILDING TEAM JUMPS	<i>One team jump with 75% athletes performing a synchronized jump.</i>	<i>Two jumps; Must include variety. One team jump with 75% athletes performing a synchronized jump.</i>	<i>One team jump with 75% athletes performing a synchronized jump PLUS One combination of two or more connected jumps. Must include variety.</i>	<i>One team jump with 75% athletes performing a synchronized jump PLUS One combination of two or more connected jumps PLUS One additional jump full or partial team. Must include variety.</i>

Variety Definition:

Performing: Toe Touch into a Hurdler or Pike/ Double Toe Touch into a Hurdler or Pike/ Toe Touch into Hurdler into Toe Touch or Pike



2022 OAC Cheerleading State Championship Athlete Percentages

This document is derived from OHSCCA Best in the State

ATHLETES	75% OF TEAM
5	4
6	5
7	5
8	6
9	7
10	8
11	8
12	9
13	10
14	11
15	11
16	12
17	13
18	14
19	14
20	15
21	16
22	17
23	17
24	18
25	19
26	20
27	20
28	21
29	22
30	23

