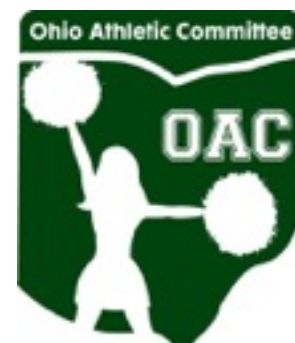


These pages contain OAC's information regarding classifications, categories, rules, regulations, and safety guidelines. For additional information and details, please contact Chelsea Golden, the event coordinator at [cheer@ohioathletics.com](mailto:cheer@ohioathletics.com).



## SCHEDULE OF EVENTS

**EVENT:** Ohio Athletic Committee Cheerleading State Championship

**LOCATION:** Worthington Kilbourne High School

**DATE:** Sunday, January 15, 2017

## EVENT DIRECTORS

Welcome to the Junior High and High School Cheerleading State Championships hosted by the Ohio Athletic Committee. We're proud of all of Ohio's cheerleaders, especially these athletes who have decided to compete at this year's event. We hope that you enjoy this year's event, and while doing so, remain respectful of all of the competition staff, athletes, coaches, and fans.

We are always searching for ways to improve our OAC events, and welcome your respectful comments and suggestions. Your feedback is critical to our continuing efforts to offer top value competitive events for these athletes. The feedback survey is available anytime by email at [info@ohioathletics.com](mailto:info@ohioathletics.com).

On behalf of the Ohio Athletic Committee, I'd like to thank you for your continued support of Ohio cheerleading.

James Guerra  
President, Ohio Athletic Committee Board of Trustees

I'd like to thank you for participating in the 8th Annual OAC Cheerleading State Championship! We are looking forward to another exciting event. OAC strives to make this championship memorable for everyone. We'd like to thank Worthington Kilbourne High School for continuing to host this event. We would also like to thank Varsity and UCA for promoting the event.

Concessions can be found in the hallway provided by Worthington Kilbourne sports Booster Club. Competition t-shirts, bags, sweatshirts, and many other items will be available to purchase from Game Day Sportswear. Don't forget to buy your athlete their own State Championship t-shirt.

Good luck to all of the athletes that are competing today! Have fun and do your best!

Kathy Noble  
Event Director, Ohio Athletic Committee Cheerleading

## EVENT PARTICIPATION & ENTRANCE REQUIREMENTS

### **EVENT PARTICIPATION**

The Ohio Athletic Committee's Cheerleading State Championships is an open competition, requiring no qualifier to participate. This event is open to all Ohio schools and youth recreational cheerleading teams.

### **ENTRY FORMS**

Completed registration forms must be sent in by **January 2, 2017**. Upon signing the entry form, you have agreed that you have read, understood, and agreed to the competition rules and regulations, awards, penalties, and accept its content.

**All new entries, additions or changes must be received in our office no later than 5:00 pm on Sunday, January 1, 2017.** This is not a post marked due date, it is an in our office due date.

NOTE: Entries are **not** official until all entry forms and fees have been received in our office.

### **FEES**

\$25.00/athlete due before October 10, 2016

\$30.00/athlete due before January 2, 2017.

\$35.00/ athletes after January 2, 2017.

## CHEERLEADING DIVISIONS: AGE GROUP

There is a 36-member limit on all Junior High/Middle School, and High School teams. No cheerleader may represent more than one school team. Ohio Athletic Committee (OAC) reserves the right to separate, combine, or close divisions at any point prior to the event.

**Division A:** 181+ females registered in grades 9-11

**Division B:** 180 females and under registered in grades 9-11 (Division divided on OHSAA Girls Basketball).

**Varsity:** Grades 9-12.

**Junior Varsity:** Official JV team or JH team with a majority of 9th grade athletes.

**Junior High:** 9th grade and below. (Note: 9th grade athletes are only allowed if the 9th grade class is housed in the school the team is representing and only a minority of the team are 9th graders. If a majority of the team are 9th graders, then the team must compete in the JV Division).

### **Recreation:**

Pee Wee: 5 years and younger

Youth: 8 years and younger

Junior: 11 years and younger

Senior: 13 years and younger

# CHEERLEADING DIVISIONS: MOUNT AND NON-MOUNT

## **NON-MOUNT NOVICE**

**Tumbling Allowed:** Forward and backward rolls, cartwheels, handstands, front and back walkovers, and round-offs. *The listed skills are permitted, but not required in this division.*

## **NON-MOUNT INTERMEDIATE**

**Standing Tumbling Allowed:** standing back handspring, standing back handspring series, jump to back handspring(s).

**Running Tumbling Allowed:** Round-off back handspring, round-off back handspring series, specialty passes beginning with front walkovers or back handspring step-outs, round-off back handspring tuck, round-off tuck.

## **NON-MOUNT ADVANCED**

**Standing Tumbling Allowed:** Standing back handspring back tuck, jump to back handspring back tuck, standing back tuck, jump to back tuck, standing specialty pass to layout or full, standing full.

**Running Tumbling Allowed:** Round-off pike/layout, round-off back handspring layout, round-off back handspring series to layout, round-off back handspring full, and speciality pass to full. Front tucks, Arabians, and half twist step-out are permitted. **Double full twists are not permitted.**

## **SELECT TUMBLING AND STUNTING**

All tumbling and stunting allowed following AACCA safety rules and regulations.

**ALL TUMBLING AND STUNTING MUST FOLLOW AACCA SCHOOL SAFETY RULES, AND MAY BE FOUND ON THEIR WEBSITE: [www.AACCA.org](http://www.AACCA.org).**

## **YOUTH RECREATION**

Youth recreation teams have a 36 member limit. These teams can cheer for an organized sport (basketball, football, soccer, etc.) and are affiliated with any program that is NOT school or All-Star related. No cheerleader may represent more than one recreation team and cannot cross over to another school competing. **Youth recreation teams routine time limit is 2:30.**

As a reminder, stunting is no longer permitted in the recreational division. Tumbling is acceptable, but not required.



# CHEERLEADING SAFETY/ USASF GUIDELINES

## **TIME LIMITS**

School Teams	2:30
Youth Recreation Teams	2:30

Teams may elect to perform any of all of their routine to music. Timing does not include entering positioning or exiting the performance floor. Time will begin with the first beat of the music or the first word of the teams cheer.

## **PERFORMANCE SCHEDULE**

Performances are scheduled at random. The decision of the Event Director is final in all scheduling situations. The performance order for round two will be listed in descending order of placement from round one.

## **PERFORMANCE FLOOR**

All teams will perform on a 42 feet deep by 54 feet wide non-spring floor.

## **WARM-UP**

All teams will receive a five minute warm-up on a 42 feet deep by 54 feet wide non-spring floor. Teams will also receive a five minute warm-up on a non-spring tumble strip. Prior to your warm-up time, teams may stretch and warm-up on the gym floor in the warm-up room. However, due to liability no team will be permitted to tumble or stunt unless they are on a warm-up mat.

## **PROPS/HAZARDOUS MATERIALS**

The only props that are permitted are poms, megaphones, flags, banners, and signs. The use of mini trampolines, springboards, bells, hats, or any other props are not permitted.

## **MASCOTS AND CHARACTER COSTUMES**

The use of mascots and character costumes are permitted for performances at the OAC Cheerleading State Championship.

## **ROUTINE CHOREOGRAPHY**

Suggestive, offensive, or vulgar choreography that is deemed inappropriate for family audiences will be penalized. Choreography be appropriate for all ages. Vulgar or suggestive material is defined as any movement or choreography that is implying something improper or indecent, sexual in context or utilizes profane gestures. Costuming should be appropriate for all performers.

## **MUSIC REQUIREMENTS**

- **All cheerleading music routines MUST be properly licensed, and written confirmation of such licenses should be available upon request.**
- **Under U.S. copyright law, no teams are permitted to create a re-mix, mash-up or medley without proper written authorization from copyright owners.**
- **Both the team members and the individual event producers may be liable for copyright infringement (with fines up to \$150,000 per occurrence to the copyright owner) if proper permissions or licenses are not obtained.**

All music should be recorded on a quality CD and mp3. Coaches should have a back up version of music as well. Music should be appropriate for all ages, and free from inappropriate language and context. The music should be cued and clearly marked with your teams name.

A sound technician will control the system, however, a team representative will be required to operate your music. This person must stay at the music table throughout the teams entire performance.

### **SCORING AND SCORESHEETS**

A four-member panel of experienced and qualified judges will serve as the judging panel for this event. These four scores will be added together and then divided by four to find the average score. **The top three scoring teams in each division will move onto round two. Scoring is 40% in round one, and 60% in round two.**

One coach from each team will be notified via text message when your scoresheets are available for pick-up. This will be after your teams division is complete. You will also be notified if you qualified for round two. Scoresheets for round two will be available following the awards ceremony.

### **AWARDS CEREMONY**

The top two teams in each division will receive a championship plaque, and the first place team will receive a championship trophy. The team with the highest score in Middle School, High School Division A, and High School Division B will be awarded a high point banner and high point jackets.

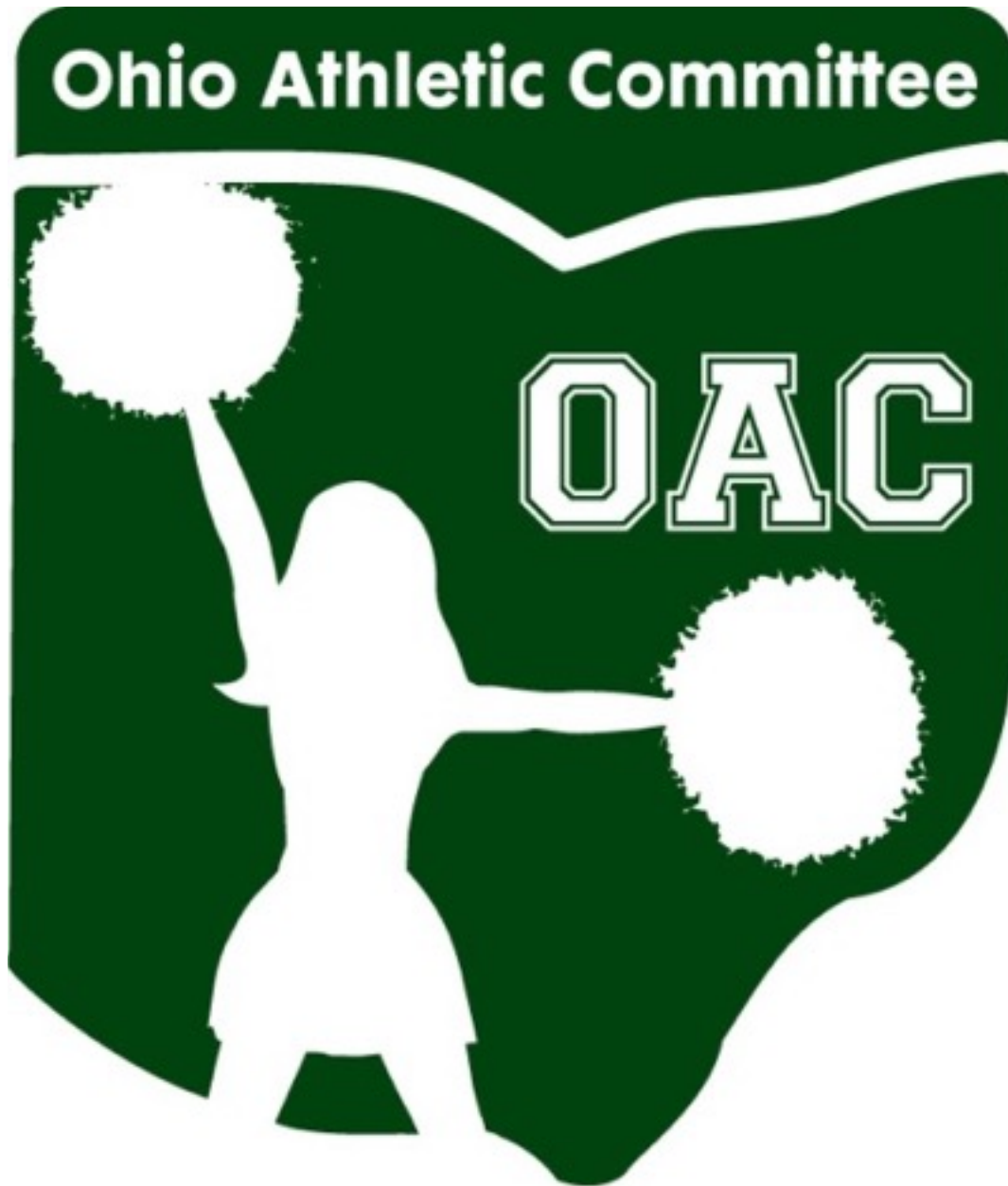
### **USASF**

As a coach, it is your responsibility to be knowledgeable of and to adhere to the Ohio Athletic Committee Safety Guidelines. You may email any questions concerning safety guidelines, rules, and regulations to the Event Director, Kathy Noble at [kathy.noble@ohioathletics.com](mailto:kathy.noble@ohioathletics.com). Spotters will NOT be provided by the Ohio Athletic Committee. Your routines should be self-spotting. The Ohio Athletic Committee **WILL NOT** be responsible for any injury as a result of a performance.

**USASF SAFETY GUIDELINES can be found at [www.usasf.net](http://www.usasf.net).**



# 2017 Cheerleading Informational Booklet



Ohio Athletic Committee Cheerleading State Championship  
Worthington Kilbourne High School  
1499 Hard Road  
Columbus, OH 43235